

॥ Jai Sri Gurudev ॥



# PRERANA

Inspiration & Encouragement



Saturday, 19th August 2023  
06:15 Onwards

BGS Auditorium, AIMS  
Campus, BG Nagara





*Divine Blessings*

Paramapoojya Jagadguru Padmabhushana Puraskrutha  
**Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**



*Guiding Force*

His Holiness Jagadguru  
**Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**  
Honorable Chancellor, Adichunchanagiri University  
72nd Pontiff, Sri Adichunchanagiri Mahasamsthana Math



Adichunchanagiri Hospital and Research Centre, established in 1986 by Paramapoojya Jagadguru Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, is a renowned healthcare institution located in BG Nagar, Nagamangala Taluk, Mandya District with a mission to provide top-quality medical services to rural communities at affordable prices.

Adichunchanagiri Hospital boasts a team of highly skilled healthcare professionals who offer comprehensive care across a wide range of well-equipped specialties, with a focus on General Physician, General Surgery, Obstetrics and Gynaecology, Orthopaedics, ENT, and Pediatrics.

Under the guidance of Paramapoojya Mahaswamiji and with growing standards in Medicine, we have given emphasis on Super Specialty Services like Plastic Surgery, Cardiology, Neurosurgery, Renal Sciences, Oncology, Rheumatology, Minimal Invasive Surgery, and many more, we ensure that our patients receive advanced levels of care tailored to their specific needs.

Through our commitment to excellence and dedication to serving the rural population, poor/underprivileged, we strive to improve the overall health and well-being of the community we serve.



# PRERANA

PRERANA " An evening of Inspiration & Encouragement" was a special event that aimed to recognize and celebrate the unwavering commitment of Medical Professionals to healing and compassion. It also provided a platform for peers to share their ideas and experiences, fostering a sense of collaboration and learning. Moreover, the event served as a source of motivation and empowerment for all alumni of AIMS, inspiring them to contribute to the growth of the esteemed institution and hospital. By doing so, they can make a significant impact in serving mankind and shaping the future of aspiring doctors from AIMS.

"PRERANA"  
Inauguration by  
Sri Sri Sri  
Dr. Nirmalanandanatha Mahaswamiji



# PRERANA

Inauguration



The campus of Adichunchanagiri Hospital was aglow with anticipation as it played host to the much-awaited event, "PRERANA." which translates to "inspiration" in English, perfectly encapsulates the essence of what was to unfold, this extravaganza is not just an event; it's an experience that celebrates the spirit of achievement, fosters inspiration, and strengthens the bonds within the Medical Professionals, Hospital & and institution's extensive network of alumni. As the sun dipped below the horizon, casting a warm and golden hue across the venue, the atmosphere was charged with excitement.

With the blessings of Paramapoojya Jagadguru Padmabhushana Puraskrutha Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, the event took place in the presence of His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, the Honorable Chancellor of Adichunchanagiri University

and the 72nd Pontiff of Sri Adichunchanagiri Mahasamsthana Math. The celebration, held on Saturday, 19th August 2023, was hosted at the BGS Auditorium, Adichunchanagiri University Campus, BG Nagara. The event aimed to honor the esteemed Medical Professionals and Alumni, who are an integral part of the legacy of Adichunchanagiri Institute of Medical Sciences.

The program began with the annotation of safety measures, highlighting the importance of protecting our esteemed Medical Professionals. This was followed by the PRERANA Intro, expressing gratitude to the Doctors for their unwavering dedication to serving mankind. The Intro acknowledged their passion, dedication to excellence, and ability to make the right decisions in challenging situations. It also praised their agility and adaptability in the ever-evolving field of medicine.

The Doctors were commended for their novel approach to providing care and support, their attitude, empathy, and compassion, making them true role models in the medical community and encouraging them to continue making a difference in the lives of those they touch.

The gathering then proceeded with Naadgeethe, raising the spirits of all attendees. This was followed by a Welcome Address delivered by Dr. M G Shivaramu, Dean, Health Sciences (Medical), Adichunchanagiri University & Principal, Adichunchanagiri Institute of Medical Sciences, B G Nagara, setting the tone for the event and expressing gratitude to the Doctors for their presence.

A video tribute was dedicated to the doctors, highlighting their selfless acts and dedication to helping others and marking the commitment of medical professionals to making every life count.



Followed by a Lamp Lighting Ceremony by His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha

Mahaswamiji, Vice Chancellor of Adichunchanagiri University Dr. M A Shekhar, Dr. K M Shivakumar, Chief of Hospital, AHRC, B G Nagar, and alumni of AIMS came together to seek blessings from their Guru and God.

Kum. Sannidhi, a Grade 04 Student of BGS Model Public School, shared her experiences with Adichunchanagiri Hospital as she and her family were impressed by the hospital's facilities and the care provided by the staff.

Dr. K M Shivakumar, Chief of the Hospital, AHRC, also briefed the gathering on the Motto, Mission, Milestones, and infrastructure of AHRC. He emphasized the hospital's commitment to patient care and highlighted the various initiatives taken to ensure the well-being of the patients.

Furthermore, we had the opportunity to hear from Dr. Guru Prasad Bettaswamy, Neurosurgeon and Professor, Department Of Neurosurgery, Dr. Naveen Narayan, Professor & HoD, Department of Plastic Reconstructive and Aesthetic Surgery, and Dr. B E Yathish, Interventional Cardiologist, Department Of Cardiology. They provided detailed information about the facilities offered by their respective departments, the benchmark of surgery services, and heartwarming stories of patients who left the hospital smiling.



**Dr. Guru Prasad Bettaswamy**  
Neurosurgeon and Professor,  
Department Of Neurosurgery, A H



**Dr. Naveen Narayan**  
Professor & HoD,  
Department of Plastic Reconstructive  
and Aesthetic Surgery, A H



**Dr. B E Yathish**  
Interventional Cardiologist,  
Department Of Cardiology, A H



# **RAYS - Straight Talk**

with His Holiness Jagadguru  
Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

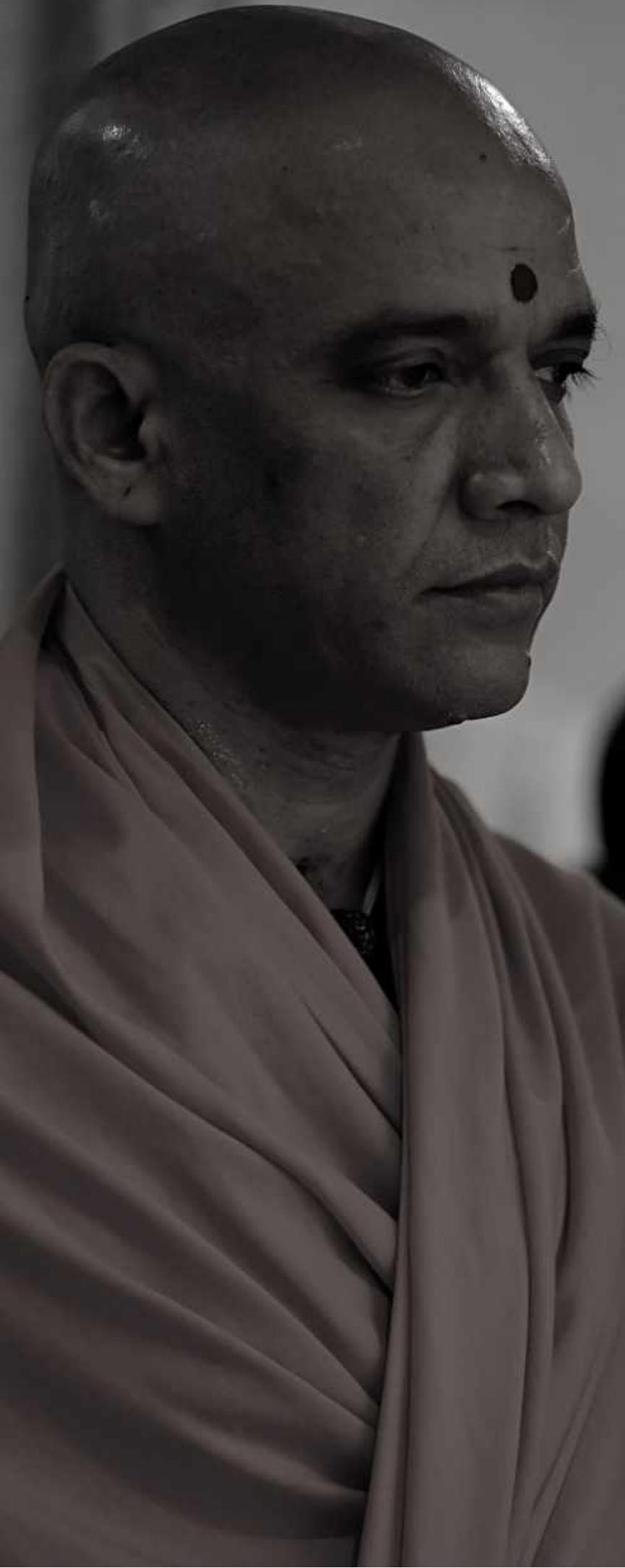
The most awaited and key highlight segment of PRERANA - RAYS - Straight Talk with His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha

Mahaswamiji was hosted by Dr. B J Mahendra, Director of Mandya Institute of Medical Sciences & Alumni of Adichunchanagiri Institute of Medical Sciences.

Before he began his talk, he emphasized the significance of the Vedas, stating that they are considered the very breathing air of God and preach about the well-being of society. Personally, I believe that hearing the Vedas purifies us. Inspired by the four Vedas, we named our talk "RAYS" - with each letter representing a different Veda - Rig Veda, Atharva Veda, Yajur Veda, and Sama Veda. We chose this name with the belief that the RAYS talk would purify our thinking, mindset, thought process, and attitude towards ourselves and society.

The session was insightful with the words of Paramapoojya Mahaswamiji. During the Session, Paramapoojya Mahaswamiji shared the essence of the Mantra "Jai Sri Gurudev" stating that Jai Sri Gurudev, is a compound word Jai, one word, Sri, and Gurudev are two different words. Jai means Victory, triumph, and success. Sri is a Lakshmi, Prosperity, not only with respect to Money, but also Richness of Knowledge, Enlightenment, Realization, Prosperity, and Progress. Sri symbolizes all these meanings.

Again, when you come down to Gurudev, it's a compound word. If you split Guru & Dev, Guru is a Spiritual Teacher or a Teacher. When it comes to the spiritual domain, a Guru will become a spiritual teacher or a Spiritual Master. When a Student becomes a Disciple, then we can call him a Master, or if he is a Mundane Student, then we can call him a Teacher, and then he will become Divine.



All put together, it is understood that a man or the person who is the embodiment of the Divine, who is the realized Master, who is going to be helpful to the student to make his life quite successful & with which successful person he is going to be equipped and endowed and blessed with all the richness of the world, be it a spiritual richness or the mundane, one who is going to make a disciple, can be addressed as Jai Sri Gurudev.

When we face the person who has given us all these things, "Jai Sri Gurudev" is the best way to greet. It is the best tribute one can express towards Guru. that is the reason why we have coined phrase "Jai Sri Gurudev".

During the continuous conversation Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha

Mahaswamiji also shared the impact and influence of Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji on him stating that "As a young chap, when I submitted myself to Poojya Guruji

Sri Sri Sri Dr.

Balagangadharanatha

Mahaswamiji, he trained me in such a way, as a Sanyasi, if one wants to live in the midst of the worldly society, such a person should be well equipped with both mundane and the eternal.

When I say the mundane, he should have the knowledge of Living in society. At the same time, we should know, we should not be derived from the spiritual life also. When you decide to render service to society, if you start living only the mundane life, there will not be any difference between the mundane person and the spiritual person.

If the mundane should be well equipped with strong values a person like me should have spiritual values and just not knowing the values, rather you should be a practicing person. These are the two things that Poojya Guruji Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji has told me.

On one side, you should be equipped with the best of the best knowledge of the world like Science, Mathematics, and whatnot, all the best worldly knowledge. At the same time, as a substratum, Adistana, spiritual knowledge also should be there. These are the two things that Poojya Guruji Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji has emphasized. The need to inculcate the same with which we can rise to a greater height, with which we can render service to society.

In that sense, my Pooja Guruji Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, himself was the epitome of all these. On one side, he was a great learned, worldly scholar, because he himself was a B.Sc. Science with scientific knowledge. At the same time, he was not just a spiritual understanding personality. According to me, he himself was a great realized personality, a realized being like a Buddha. Because he knew both the inner and the outer. He wanted to induct and inculcate the same thing in me also."

Paramapooja Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji rested his address recalling his Love and respect towards the institutions where he studied and gave a message to the Alumni of Adichunchanagiri Institute of Medical Sciences stating that "As an Sanyasi if I could love my college so much, you, people, are not Sanyasis, how much love you should

have towards this Rural Medical College- Adichunchanagiri Institute of Medical Sciences, B G Nagara which has given so much life and abundant energy to you all. Dr. A P J Abdul Kalam used to tell the community that there is an institution called Adichunchanagiri Institute of Medical Sciences 100 km away from Bangalore which has been rendering enormous service to society. It was on his mind. He was dreaming quite a lot for this institution.

But most of you people have never asked what you can be responsible for in elevating the problems of the area and elevating the greatness of this institution. I would rather request you all as a servant of mankind, to come together and render service over here. Alumni - senior students are not just senior students you are the past you are the present and you are going to be the future.

If a person has graduated and is employed and starts earning do you think that humble family is going to remain forever as it is? It is going to be progressive. Economically, it is going to be strong, intellectually, it is going to be elevated, and with respect to social status, it is going to be respected by one another. If one person can bring such glory to one humble family, so many of you have graduated from this prestigious institution and have become great doctors, why should you think that this institution should have remained a small institution? If it still remaining as an unknown obscure institution, then each one of you should feel responsible as an Alumni of this Institution.

Eventually, only when you people contribute your knowledge and service to this institution, it is going to be respected. Similarly, if students would say I am going to join AIMS then you all are going to get great Happiness, won't you?

To make that possible, please join your hands and share your knowledge with great amalgamation and understanding in sharing the knowledge and rendering helping hands for the poor people.

Adichunchanagiri Hospital offers a wide range of resources like knowledge, connectivity, and research. You all are invited to make the best use of these resources bring innovativeness out of you all & and make this institution great. This being said as an Alumni you are welcome to share your knowledge and time with the AH & AIMS, Let us make this Institution great, through which the believing families are going to be concerned and comforted with which we can take care of the society as a whole."

Through candid conversations, Paramapoojya Mahaswamiji shared insights, personal anecdotes, and pivotal moments that shaped the paths of the audience.



The highlight of the evening was the Alumni Rewarding Ceremony, a prestigious affair that acknowledged the accomplishments of exceptional medical professionals who had graduated from Adichunchanagiri Institute of Medical Sciences, B G Nagara.

The ceremony commenced with a warm welcome by the Deputy Chief of Adichunchanagiri Hospital Dr. Ravi K S, expressing gratitude for the alumni's continued contributions to the medical field and to the college's legacy. Nine Alumni from Batch 1986 to 1992 were facilitated by Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji.

The ceremony not only honored the outstanding accomplishments of these medical professionals but also fostered a sense of unity, shared purpose, and nostalgia among its attendees.

1986 Batch...

**Thank you for being a valuable part of  
Adichunchanagiri Legacy...**

Thank you for joining us...

We are proud of you and your  
achievements...

**Dr. B J Mahendra**

Dean & Director, MogaS – Mandya



# “Our Alumni is Our Brand”

Alumni Rewarding Ceremony



evements...

J Mahendra

& Director, MIMS - Mandy



# Dr. B J Mahendra

Batch: 1986

**Dean & Director**

**Mandy Institute of Medical Sciences**

Mandy, Karnataka

Thank you for joining us...

We are proud of you and your achievement

Dr. M. Venkatesh

DHO Mysore



## Dr. K R Dakshayani

Batch: 1986

**Dean & Director**

**Mysore Medical College and Research Institute**

Mysore, Karnataka

Thank you for joining us...

We are proud of you and your achievement

Dr. Mohan K

DU



# Dr. Mohan K

Batch: 1986

**District Health Officer**

Mandya, Karnataka



# Dr. B N Shivaswamy

Batch: 1987

**District Health Officer**

Hassan, Karnataka



# Dr. Balasundar AS

Batch: 1989

**Chief Health Officer (Public Health), Health Department**

BBMP, Bangalore Karnataka



# Dr. Ashwath Babu H S

Batch: 1990

**District Health Officer**

Chikkamangaluru, Karnataka



# Dr. Mahesh Kumar

Batch: 1991

**District Health Officer**

Chikkaballapur, Karnataka



# Dr. Nagesh N S

Batch: 1991

**Founder Director**

**Institute of Gastroenterology Sciences &  
Organ Transplant, Victoria Hospital Campus**

Bangalore, Karnataka



# Dr. H L Janardhan

Batch: 1992

**District Health Officer**

Bellary, Karnataka

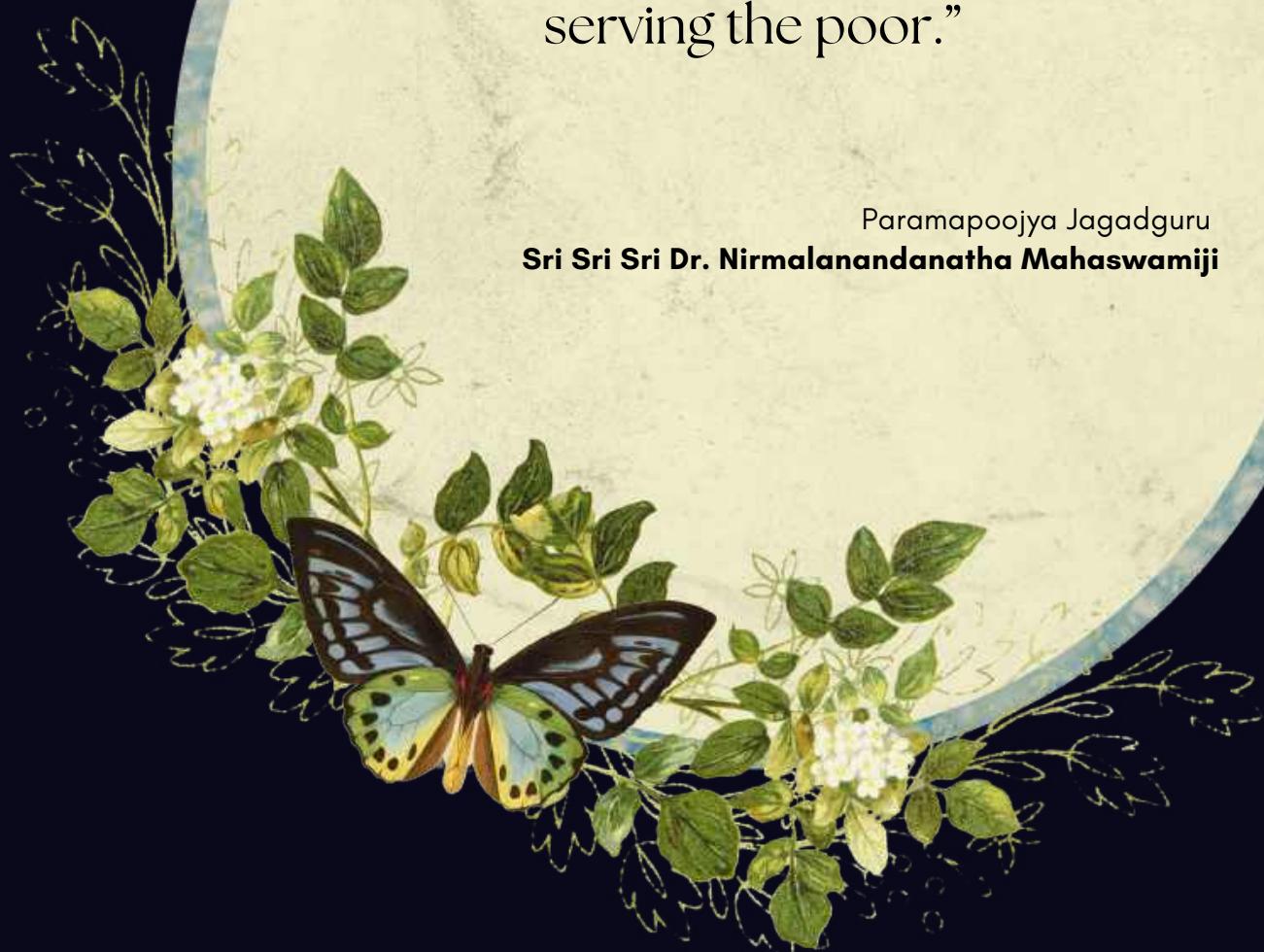
Brahmachari Sri Saikirthinatha Ji, Brahmachari Sri Sathkeerthinatha Ji, around 250+ Doctors from Bangalore, Tumkur, Hassan, Mysore, Mandya, Bellary, Chikkamangaluru, Chikkaballapura, etc., 250+ Practitioners, 100+ Doctors of Adichunchanagiri Hospital, Honourable Vice Chancellor of ACU Dr. M A Shekhar, Registrar Dr. C K Subbaraya, Deans & Principals of Constituent Colleges of ACU Dr. M G Shivaramu, Dr. B K Narendra, Dr. B Ramesh, Dr. A T Shivaramu, Prof. N Ramu, Prof. Chandrasekhar, Dr. Prashanth K, Smt. Shwetha, Finance Officer Sri B K Umesh, Charter District Governor 3192 Rtn. V. Srinivas Murthy, Turuvekere Rotary Club President Rtn. K.C. Jayaram, Rtn. Prabhu, Sri Durgesh, Officials of Adichunchanagiri University, Adichunchanagiri Hospital, Adichunchanagiri Institute of Medical Sciences, Principal of Model Public School V Puttaswamy, Principal of BGSPU College BG Nagara Mrs. Shilpa T N, other dignitaries and Press Personnel were present in the Program.

As the event came to a close, the echoes of inspiring stories, heartfelt connections, and shared dreams lingered in the air. "PRERANA" had achieved its purpose: to instill a renewed sense of purpose, determination, and connection within the Adichunchanagiri Hospital and Adichunchanagiri Institute of Medical Sciences, B G Nagara's community.

This evening of inspiration, encouragement, and alumni recognition would continue to reverberate in the hearts and minds of everyone fortunate enough to be a part of it, fuelling their journeys towards success and significance followed by delicious dinner along with music, which provided a fitting end to a memorable event.

“There may be limitations in  
everything around us, but not in  
serving the poor.”

Paramapoojya Jagadguru  
**Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**







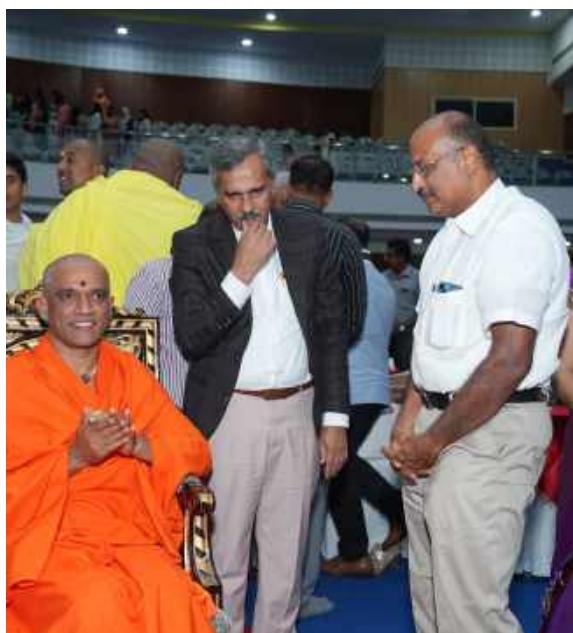






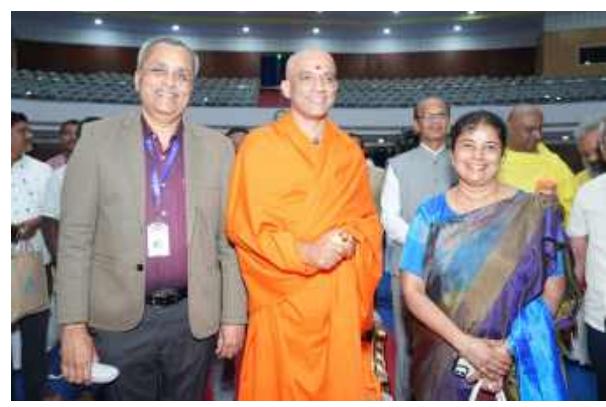
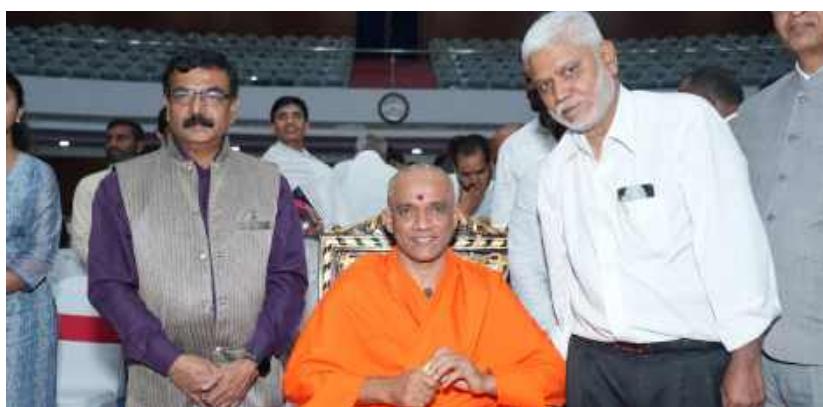
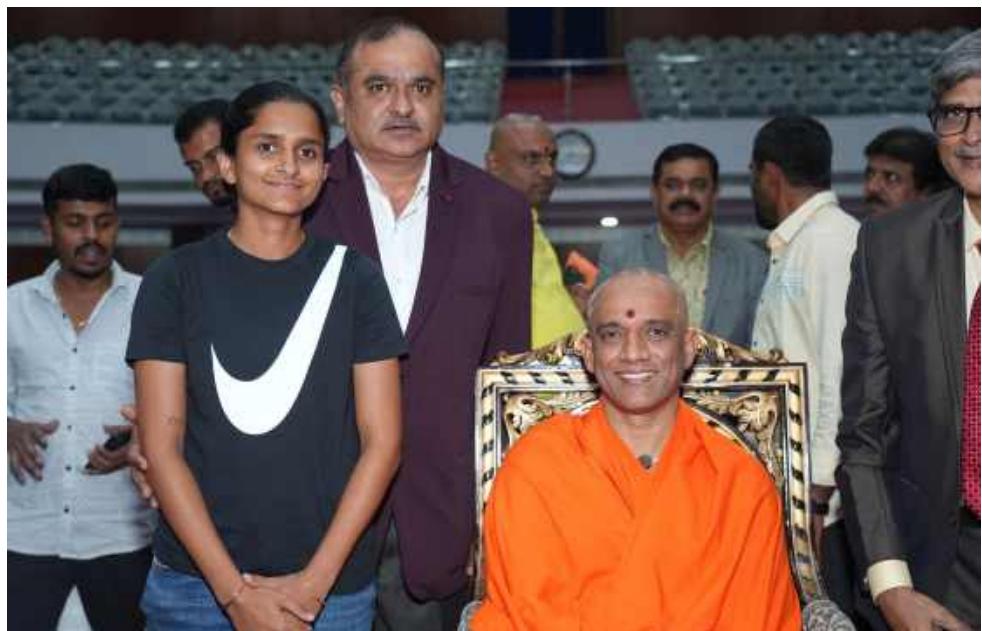
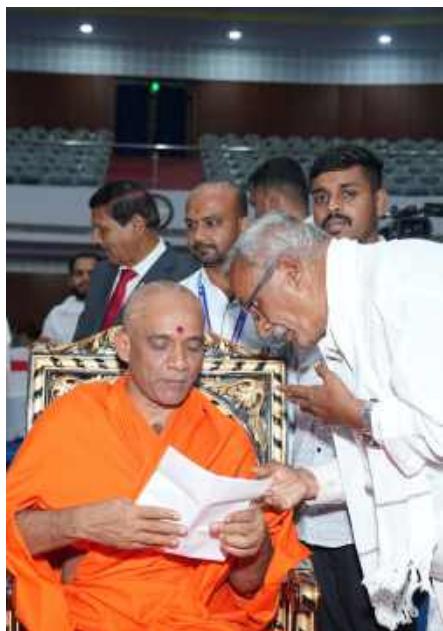






















"Live like a Butterfly...  
take the best without destroying  
or hurting anybody but giving  
pleasure to everyone"

Paramapoojya Jagadguru Padmabhushana Puraskrutha  
**Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**

